

Driving directions to Paramus Volunteer Ambulance Corps, Inc.; 295 East Midland Avenue; Paramus, New Jersey 07652-5594; (201) 262-1109; fax: (201) 986-2832

Northbound from Route 17:

1. Drive north on Route 17 to the first Midland Avenue exit (Midland Avenue towards River Edge).
2. Drive east on Midland Avenue. The Paramus Volunteer Ambulance Corps is located on the left side of the road between traffic light 5 (Forest Avenue) and traffic light 6 (Spring Valley Road).

Driving east on Midland Avenue the sequence of traffic lights is:	
1.	Sette Drive
2.	From Road
3.	Chelsea Street
4.	Farview Avenue
5.	Forest Avenue
6.	Spring Valley Road

Northbound from the Garden State Parkway:

1. Drive north on the Garden State Parkway to exit 163 (Route 17 northbound).
2. Follow directions under **Northbound from Route 17**.

Southbound from the Garden State Parkway:

1. Exit the Garden State Parkway at exit 163 (Route 17 southbound).
2. Make the U-turn at Century Road, following the sign towards Mahwah.
3. Follow directions under **Northbound from Route 17**.

Southbound from Route 17:

1. Exit from Route 17 at Midland Avenue. On the exit ramp, bear left. At the traffic light at the end of the exit ramp, turn left and cross over Route 17. Be careful not to get back onto Route 17 northbound.
2. Follow the directions in paragraph 2 under **Northbound from Route 17**. Do not start counting traffic lights until after you have crossed over Route 17.

Westbound from the George Washington Bridge:

1. Drive west on Route 4 to Route 17 northbound.
2. Follow directions under **Northbound from Route 17**.